



HS NEWS WAVE

Performance elevated

Issue 37, February 2026

NEW DELIVERY VESSELS

"MV ONE SPRINTER"



"MV ONE SATISFACTION"



NAVIGATING THE FUTURE WITH STRENGTH AND SAFETY



Emdadul H Chowdhury

Managing Director

Dear Readers,

As we approach the conclusion of 2025, we take this moment to reflect on both the challenges we have overcome and the milestones we have achieved together.

Throughout the past year, we successfully navigated a dynamic and demanding shipping environment. We adapted to continual shifts in tariff impacts and evolving visa policies while maintaining our operational excellence. Strategically, we have placed a renewed emphasis on preparing for the industry's energy transition, specifically training our seafarers for the dual-fuel vessels that will come into focus throughout 2026 and 2027. To support this, we have implemented new initiatives focused on practical, hands-on training and fostered deeper workshop-based collaboration between senior officers, our principals, and HSL. As a result of these initiatives, we are pleased to report that these efforts have yielded positive feedback from our core principals, who have noted a distinct improvement in the performance of our seafarers.

The final quarter of 2025 and the beginning of 2026 have marked a period of expansion. We proudly welcomed two state-of-the-art vessels into our crew management directly from the shipyard. Additionally, we successfully integrated another vessel following a crew nationality realignment.

I would like to take this opportunity to thank our seafarers for their flexibility in adjusting their schedules to adhere to owners' requirements, as well as our office staff for their outstanding efforts in ensuring these seamless deliveries. With further growth expected in the coming period, these achievements demonstrate the strength of our results and our unwavering commitment to excellence.

In preparation for 2026, we have pinpointed critical operational areas requiring increased focus, prompting targeted updates to our in-house training modules. I call upon everyone to maintain an unwavering commitment to safety and to adhere to our standards without compromise. Never hesitate to take the extra time required to complete a routine task safely; ensuring you return home to your families is our absolute priority.

As we step into the new year, let us aim for a robust safety culture onboard and dedicate our best efforts toward zero incidents.

This is a fitting moment to express my sincere appreciation for your devotion and hard work; you are the driving force behind the successful operation of our fleet. As we embrace the new year, let us also renew our collective pledge to champion a robust safety culture onboard our managed vessels. I wish all our seafarers sailing around the globe, as well as our dedicated team ashore, a Happy New Year blessed with good health, happiness, and professional growth. Safe voyages to you all, and remember: Safety First.

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INTERNATIONAL MARITIME ACADEMY CELEBRATES GRADUATION OF 14TH BATCH OF PRE-SEA CADETS



The International Maritime Academy (IMA) hosted its prestigious passing-out ceremony for the 14th Batch of Pre-Sea Cadets at its permanent campus in Pubail, Gazipur. The ceremony, marked by traditional maritime grandeur, celebrated the successful graduation of 79 cadets from the Nautical and Marine Engineering divisions.

Established as the first permanent private-sector maritime training institution in Bangladesh, IMA has been a cornerstone of the industry since celebrating its inaugural passing-out ceremony on March 1, 2010. To date, the academy has successfully trained 13 batches of cadets and nine batches of ratings. The institution continues to expand its impact, with 70 cadets of the 15th batch and 29 ratings of the 10th batch currently undergoing intensive training.

The occasion was graced by Md. Muhidul Islam, Additional Secretary (Development), Ministry of Shipping, who attended as the Chief Guest. The event was also attended by prominent dignitaries from foreign shipping and manning sectors, alongside local maritime administration leaders.

In his welcome address, Capt. Zaki Ahad, Commandant of the Academy, highlighted IMA's continuous progress in enhancing private-sector maritime education and detailed the academy's state-of-the-art training facilities. The ceremony included a precision-drilled ceremonial march past and a solemn oath-taking ceremony by the smartly turned-out graduating contingent.

Exceptional performance was recognized with the following honours:

- Academy Gold Medal (Overall Best Performance): Cadet Md. Fahim Faisal.
- Silver Medal (Best Nautical Cadet): Cadet Sheikh Tasbeh Kabir Sampad.
- Silver Medal (Best Engineering Cadet): Cadet Md. Tanvirul Islam.

In a demonstration of the industry's commitment to excellence, the Managing Director of Haque & Sons Ltd presented cheques to the awardees: BDT 2,00,000 for the Gold Medalist and BDT 1,00,000 each for the Silver Medalists, recognizing their high academic standards and officer-like qualities.

IMA's training strictly adheres to the syllabi approved by the Department of Shipping and Bangladesh Maritime University. Upon completion of their two-year shore-based training, graduates will join foreign-going vessels managed by M/s. Haque and Sons Ltd., serving reputed international shipping lines and earning salaries on a competitive international scale.

The ceremony concluded following the merchant marine tradition of a slow march past and a formal vote of thanks delivered by Capt. Subrata Kumar Saha, Deputy Commandant of IMA. International Maritime Academy is Bangladesh's premier private maritime academy, dedicated to producing highly skilled and disciplined seafarers for the global shipping industry through world-class education and technical training for the maritime industry.

REDEFINING MARITIME PERFORMANCE: A STRATEGIC APPROACH TO KEY PERFORMANCE INDICATORS

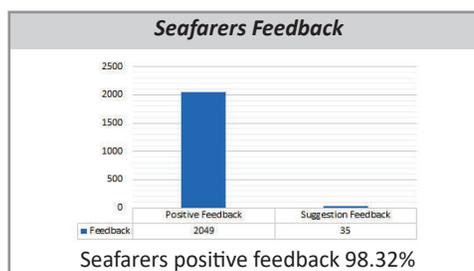
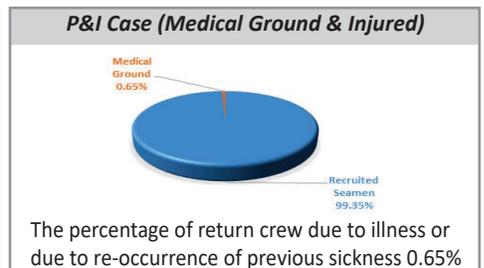
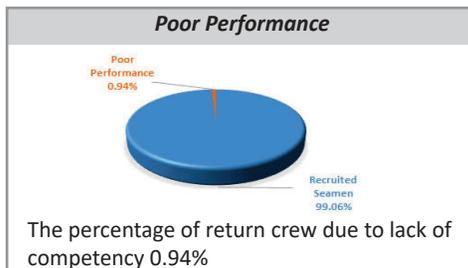
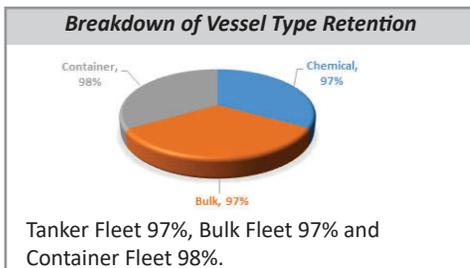
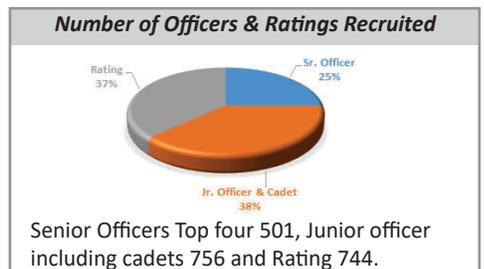
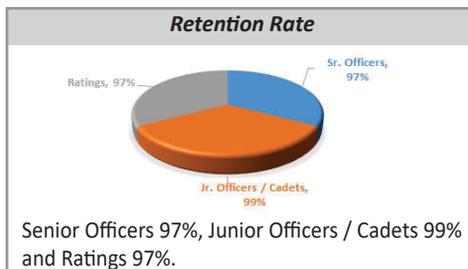
In an evolving maritime industry, the traditional measures of a vessel's efficiency, once primarily scrutinized by charterers through metrics such as downtime and off-hire periods, are undergoing a significant transformation. Today, the sector is embracing a more holistic and sophisticated approach to performance assessment, driven by a collective pursuit of operational excellence, enhanced quality, and the implementation of best practices.

This contemporary evaluation of Key Performance Indicators (KPIs) prioritizes a comprehensive understanding of what constitutes superior performance across the maritime landscape. The aim is to establish a clearer, more standardized methodology for measurement, moving beyond basic efficiency to capture the nuances of quality, safety, and environmental stewardship. In essence, KPIs have evolved into indispensable diagnostic

tools, enabling precise evaluation of operational enhancements and the strategic identification of areas requiring targeted improvement.

Haque & Sons Ltd. has long recognized the strategic value of robust performance metrics. Our consistent application of KPIs is rooted in their proven effectiveness as a benchmarking tool. This allows for the agile measurement of operational shifts, facilitating the prompt recognition of both performance gains and declines. By leveraging these indicators, we ensure a proactive and data-driven approach to vessel management.

The following Key Performance Indicators for the 2025 operational year are presented on an outcome-based framework, reflecting our commitment to transparent and results-oriented performance reporting.



New Vessels under our Management

1. IMO NO.: 9975650
Type: CONTAINER Flag: SINGAPORE
DWT: 150789 Built: 2025
Joined Haque & Sons Ltd.: JULY-2025
2. IMO - 9976197
Type: CONTAINER Flag: SINGAPORE
DWT: 161597 Built: 2025
Joined Haque & Sons Ltd.: OCTOBER-2025
3. IMO - 9799680
Type: CHEM & OIL TANKER Flag: SINGAPORE
DWT: 37258 Built: 2019
Joined Haque & Sons Ltd.: DECEMBER-2025
4. IMO - 9975650
Type: CONTAINER Flag: LIBERIA
DWT: 160200 Built: 2025
Joined Haque & Sons Ltd.: JANUARY-2026

MALYSIAN MARINE DEPARTMENT VISIT IMA



Congratulations on Promotion

We have pleasure in congratulating the following officers who have been recently promoted on board our managed vessels and we wish them all the very best for the future:

PROMOTED TO MASTER:

MD. KAMRUL HASAN - CO4970
SHAFIUL ISLAM BHUIYAN - CO4516
RAIHAN UDDIN AHMED - CO5076
MD. MASUD RANA - CO4381

PROMOTED TO CHIEF OFFICER:

MD. GOLAM SORWAR - CO4596
MD TAJUL ISLAM - CO6547
S M ARIFUR RAHMAN - CO7728
MD MONIR HOSSAIN - CO7725
BIPLAB MONDAL - CO6084
AKRAMUL HASAN MAZUMDER - CO7723
MOHAMMAD ASHRAFUL HASAN - CO6516
MOHAMMAD SALMAN HERO - CO7708
ARANYA KHAN - CO9574
PARTHO CHANDA - CO6665

PROMOTED TO CHIEF ENGINEER:

MOHAMMAD SHOAB SHARIF - CO5526
MD MIJANUR RAHMAN - CO5120

PROMOTED TO 2ND ENGINEER:

MONIRUZZAMAN MONIR - CO7750
MD JAMIL TALUKDER - CO8506

We were honored to welcome the distinguished delegates from Malaysian Marine Department Mdm. Anis Waheeda Zulaikha Binti Nasarudin, Senior Assistant Director & Mr. Mohamad Suhaimi Bin Saleh, Assistant Director to International Maritime Academy (IMA).

The visit provided excellent opportunity to present IMA to the maritime world through our training facilities, academic excellence and commitment to produce world-class maritime professionals. We are thankful to the Malaysian delegation for their valuable time and keen interest about IMA and its activities.

We extend our sincere gratitude to Department of Shipping, Bangladesh for extending the precious opportunity to IMA.

HAQUE & SONS LTD. CELEBRATES MARITIME EXCELLENCE AT ANNUAL OFFICERS' GET TOGETHER & LOYALTY AWARDS 2025



Haque & Sons Ltd. proudly organized the Officers' Get Together & Loyalty Awards 2025 in Chittagong and Dhaka, bringing together marine officers and their families to celebrate dedication, professionalism, and long-standing service within the HSL fleet.

The Chittagong event, held on October 22, 2025, at the Navy Convention Centre, Chittagong, welcomed over 450 seafarers and family members. The program served as an important recognition platform for officers serving aboard HSL-managed vessels. A key highlight was the presentation of Long Service Loyalty Awards to officers completing 10 and 15 years of continuous service. In total, 77 officers are scheduled to receive this prestigious recognition during 2025, along with loyalty award crests and complimentary gifts as tokens of appreciation.

The formal proceedings were followed by an enjoyable program featuring live musical performances, dance presentations, interactive games, and a special raffle draw for family members, creating a warm and festive atmosphere.

Building on this success, the Dhaka Officers' Get Together & Loyalty Awards took place on November 21, 2025, at the Army Golf Club, Dhaka, with participation from over 700 seafarers and their families. The evening was graced by the Chief Guest, Commodore Md. Shafiul Bari (ND), OSP, ndc, psc, BN, Director General of Shipping, along with senior officials from the Department of Shipping. The Director General joined HSL's Managing Director and Senior Director in presenting the Long Service Loyalty Awards to the distinguished officers.

The Dhaka event concluded with a vibrant cultural segment featuring renowned artists and engaging family activities. Across both events, Haque & Sons Ltd. expressed deep gratitude for the unwavering loyalty, dedication, and exceptional professionalism demonstrated by its officers at sea, reaffirming the company's enduring commitment to maritime excellence and a strong, united seafaring community.



UNIX LINE 54TH EDUCATION SEMINAR & LONG SERVICE LOYALTY AWARD



Unix Line Pte Ltd. proudly announces the successful conclusion of our 54th HSL Crew Training & Education Seminar, a rigorous three-day program dedicated to advancing professional standards across our fleet.

Spanning October 21st to 23rd, 2025, this comprehensive seminar brought together over 140 dedicated seafarers for intensive training across crucial maritime disciplines, including safety protocols, advanced navigation, crew injury prevention, and critical technical operations.

We were honored by the presence of esteemed foreign delegates from MOLCT, and Unix Line Pte Ltd including their Managing Director, Deputy Executive Director, General Manager, and key leadership from Technical, Marine Operations, and IT departments. Their participation underscored the global importance of the Bangladesh pool for seafarers for their expanding fleet.

A highlight of the event was the recognition of outstanding dedication, where 42 exceptional seafarers received the Long Service Loyalty Award, celebrating cumulative service periods of 5, 10, and over 15 years.

The program culminated in a dynamic evening featuring a gala musical and cultural program followed by a celebratory dinner.

This seminar reaffirms Unix Line's unwavering commitment to fostering continuous professional growth and upholding the highest safety benchmarks within the maritime sector.



ONESEA Solutions Pte. Ltd. successfully organized the Crew Seminar 2025 on 10 November 2025 at the Regency Hotel & Resort, Dhaka, reaffirming its commitment to crew development, operational excellence, and maritime leadership.

The seminar was attended by over one hundred officers and engineers who were on vacation, along with senior officials from ONESEA Solutions Pte. Ltd. and Haque & Sons Ltd. in Bangladesh. The event served as a platform to engage seafarers on key topics such as vessel profitability, operational performance, and future Talent Development strategies.

The program commenced with a welcome and opening address by Mr. Shahid Murad, General Manager – Talent Development, followed by an online keynote address from Mr. Raman Handa, Chief Executive Officer, ONESEA Solutions, who spoke on “Understanding How Crew Decisions Impact Vessel Profitability.”

A welcome address was delivered by Mr. Emdadul Haque Chowdhury, Managing Director, Haque & Sons Pte. Ltd., highlighting the importance of collaboration and continuous professional development within the maritime sector.

Subsequent sessions included “Driving Performance and Operational Excellence” by Mr. Morgan Cherayerumal, Director – Fleet Management (Online), and “Future Talent Development Strategy” by Mr. Masanori Okada, Director – Talent Development. The seminar also featured a presentation by one Master and one Chief Engineer, underscoring practical perspectives from shipboard leadership.

The event concluded with a session on “Talent Development through Effective Training” by Mr. Jannatul Islam, Deputy General Manager – Talent Development, followed by closing remarks from Capt. Masanori Okada, emphasizing ONESEA Solutions’ ongoing focus on strengthening crew competency and performance.

The Crew Seminar 2025 was well received by participants and reinforced ONESEA Solutions’ dedication to nurturing skilled maritime professionals through structured training, engagement, and knowledge sharing.



Capt. Masanori Okada, Director, Talent Development, ONESEA Solutions Pte. Ltd., along with Capt. Shahid Murad and other distinguished guests, visited the International Maritime Academy (IMA) on 10th November 2025 to select IMA cadets for ONESEA Solutions Pte. Ltd., the ship manager for Ocean Network Express (O.N.E) the 6th largest container company in the world.

During the selection process, the delegation also visited all IMA premises and its facilities. They expressed their appreciation regarding IMA's resources and training standards.

IMA remains committed to performance excellence and believes in continuous improvement. The team members are 1) Capt. Masanori Okada 2) Capt. Shahid Murad 3) Capt. Jannatul Islam 4) Capt. A.N.M. Mostafa Kamal Chowdhury 5) Ch. Eng. Md Monjur Hossain 6) Ch. Eng. A.T.M. Masudul Akbar.



CELEBRATING PARTNERSHIP: HSL ANNUAL GATHERING 2025



On December 10, 2025, HSL brought the maritime community together for our Annual Gathering at The Green Shadow, Agrabad, Chattogram. It was an evening dedicated to celebrating our shared goals and the continued growth of the Bangladeshi shipping industry.

We were joined by esteemed senior officials from the Bangladesh Shipping Corporation, Chattogram Port Authority, Department of Shipping, Shipping Office, Directorate of Seafarers Welfare, NMI, Union bodies and various other pivotal government and maritime welfare organizations.

This gathering highlighted the importance of synergy in our sector. We sincerely appreciate the continuous cooperation of our partners and unions. It is through this collective support that we can successfully expand the reach of Bangladeshi seafarers in the competitive global shipping market.

A MILESTONE IN MARITIME EXCELLENCE: THE COMMISSIONING OF ONE SYNERGY



There is perhaps no greater honour in a seafarer's career than being selected to take delivery of a new-build vessel. It is a rare opportunity to witness the "birth" of a ship - to see her systems come to life during sea trials and to apply years of practical experience toward ensuring her future operational excellence.

For the "Top 4" Bangladeshi officers - Capt. Md Omar Kabir, Chief Officer S M Hasan, Chief Engineer Badrul Alam Akhter, and 2nd Engineer Md Ariful Islam - this honour became a reality when we were chosen by the management of One Sea Solutions (OSS) and Haq & Sons to take delivery of the modern marvel, ONE SYNERGY, from the prestigious Imabari Shipyard in Hiroshima, Japan.

Our journey began with intensive briefings in Singapore and online, preparing us for the challenges ahead. As both the management and the crew were newly formed, there was a shared sense of pioneering spirit.

On October 17, 2025, we landed in Osaka and boarded the Shinkansen for a high-speed journey to Mihara, Hiroshima. Riding one of the world's fastest bullet trains was the perfect prelude to the high-tech engineering we were about to encounter. Upon arrival at the shipyard, we were greeted by representatives and finally laid eyes on our vessel. She was a sight to behold - compact yet impressively high-capacity, a true masterpiece of modern naval architecture.

We spent our initial days familiarizing ourselves with the vessel's layout and its highly automated Integrated Control & Monitoring System (ICMS). As the delivery team, our role was critical: we weren't just observers; we were active participants in the commissioning of every piece of equipment. Using our prior experience, we provided feedback to the shipyard on areas for improvement, ensuring the ship would be optimized for smooth, long-term operations.

On October 24th, we took the "precious lady" out for her sea trials. To witness the initial tests of deck

and engine machinery alongside Class and ONE representative is a once-in-a-lifetime experience. We pushed the ship to its limits, identifying defects and ensuring every system complied with international requirements. By October 29th, the trials were successfully completed, and we returned to the shipyard to begin the final setup for our maiden voyage.

During our stay at the Route Inn Hotel, we took our weekends to explore Hiroshima - a city that stands as a testament to human resilience. Hiroshima uniquely bridges its tragic past as the site of the world's first atomic attack with its current status as the heart of Japan's "Setouchi Maritime Cluster." Visiting Point Zero and the Peace Memorial was a somber and reflective experience, allowing us to appreciate how a city can rebuild itself from ashes into a modern, thriving hub of industry and peace. The arrival of our full crew on November 8th provided the final boost of manpower needed to receive stores and prepare the vessel. With the constant support of our management, every detail was finalized.

The pinnacle of our journey arrived on November 21, 2025. At 09:00 Japan time, we officially took delivery of the technologically advanced ONE SYNERGY. As we cast off at 14:00, the atmosphere at the jetty was electric and deeply emotional. The entire shipyard gathered to wave "ONE" and shipyard flags, music roared across the docks, and a chorus of goodbyes followed us as we began our maiden voyage to Ningbo, China.

Successfully delivering a vessel of this calibre is a milestone we will cherish forever. We are profoundly grateful to the management of One Sea Solutions and Haq & Sons for trusting us with this responsibility. By the grace of the Almighty, we have transitioned from a newly formed team to a cohesive unit, ready to navigate the future on a vessel that truly represents the cutting edge of maritime technology.

**Prepared by : Capt. Md Omar Kabir /
Ch. Eng. Badrul Alam Akhter / Ch. Off. S M Hasan /
2nd Eng. Md Ariful Islam**

A PROFESSIONAL MILESTONE: TAKING OVER ONE SPRINTER



From the time I joined Bangladesh Marine Academy, I developed a strong professional interest in ship operations and the Merchant Navy. The structured training, regulatory knowledge, and discipline acquired during my academy years provided a solid foundation in navigational watchkeeping, safety management, and compliance with international maritime conventions.

I subsequently joined K Line Management (now One Sea Solutions), where I have successfully completed two contracts as a navigating officer. One of these contracts included a dry dock period, during which I gained hands-on exposure to hull inspections, safety equipment overhauls, class and statutory surveys, and coordination with shipyard personnel. This experience enhanced my technical understanding of vessel maintenance and operational readiness.

A key professional objective was to participate in a newbuilding vessel takeover, an experience that offers comprehensive exposure to ship systems, safety verification, and operational familiarization. I was fortunate to receive this opportunity through my agency, Haq and Sons, and subsequently took over duties as 3rd Officer on board ONE Sprinter.

The vessel was taken over from HD Hyundai Heavy Industries Co. Ltd. on 21 August 2024 at Ulsan, South Korea. I joined the vessel on 8 August 2024, prior to the official delivery, allowing adequate time for systematic

familiarization and pre-takeover inspections. As part of my assigned responsibilities, I carried out detailed inspections of Life-Saving Appliances (LSA), Fire-Fighting Appliances (FFA), and navigational equipment. This included verification of equipment quantity, condition, certification status, and operational readiness in accordance with SOLAS requirements, approved LSA and FFA plans, and company procedures. Functional checks were conducted where applicable, and equipment locations were cross-checked against drawings and safety plans.

All observations and identified deficiencies were documented in an inspection list and reported to the Master for corrective action prior to takeover. These systematic checks ensured full compliance, operational readiness, and safety integrity of the vessel before assuming responsibility.

This takeover process provided valuable technical exposure and reinforced the importance of structured inspections, regulatory compliance, and effective coordination during vessel delivery. The experience has significantly contributed to my professional development as a 3rd Officer and strengthened my commitment to maintaining high operational and safety standards on board.

Prepared by:
Badruddoza Hossain
Third Officer

IGF CODE-COMPLIANT METHANOL & LNG BUNKERING SIMULATOR INAUGURATED AT BMTI



Bangladesh Maritime Training Institute (BMTI), operated by Haque & Sons Ltd. (HSL), proudly inaugurated its IGF Code-compliant Methanol & LNG Bunkering Simulator on 10 November 2025, marking a historic milestone in the country's maritime training landscape.

The inaugural ceremony was graced by Commodore Md. Shafiu Bari, (ND), ndc, psc, BN, Director General, Department of Shipping, Government of the People's Republic of Bangladesh, as the Chief Guest. The event was further honored by the presence of Capt. Masanori Okada, Director – Talent Development, ONESEA Solutions Pte. Ltd., who attended as the Special Guest.

This state-of-the-art simulator—the first of its kind in Bangladesh—has been developed in line with the IGF Code to equip seafarers with the critical knowledge and hands-on competencies required for the safe handling of methanol and LNG as alternative marine fuels. As the global shipping industry accelerates toward decarbonization, the simulator represents a major step forward in preparing Bangladeshi seafarers for low- and zero-carbon vessel operations.

The initiative forms a cornerstone of HSL's strategy to future-proof maritime training. With HSL set to take over the management of

its first methanol-fueled vessels in the coming year, the simulator provides a vital foundation for safe, compliant, and efficient operations.

"Maritime decarbonization depends not just on new technologies, but also on the people who operate them," said Emdadul Chowdhury, Managing Director, Haque & Sons Ltd. "BMTI's investment in advanced simulation technology and instructor development is how we build a strong foundation for safe vessel operations and a successful energy transition."

Reinforcing this commitment, Captain Habibur Rahman, Principal of BMTI, emphasized the operational importance of the new facility:

"We must be prepared for the new generation of dual-fuel newbuild vessels. This advanced ARI simulator allows seafarers to train in a highly realistic environment, mastering the complexities of LNG and methanol bunkering. This is more than an investment—it is a deep commitment to competence and safety."

The launch of the IGF Code-compliant Methanol & LNG Bunkering Simulator underscores BMTI and HSL's leadership in maritime innovation, strengthening Bangladesh's position as a forward-looking maritime nation ready to support the global energy transition and the next generation of seafarers.

ANNUAL RETREAT 2026 HOSTED BY: HSL, IMA, BMTI, MTAL



Haque & Sons Ltd. (HSL), in collaboration with the International Maritime Academy (IMA), Bangladesh Maritime Training Institute (BMTI), and Marine Travel Agency Limited (MTAL), successfully hosted "Picnic 2026" at Cox's Bazar from January 1-3, 2026. This retreat served as a vital platform for fostering organizational togetherness and celebrating our collective milestones.

Morning Engagement: Youth & Family Activities

On January 2, the program commenced with a series of interactive games tailored for our younger guests. Activities such as the Wheel of Fortune, Disk Drop, and Basketball were curated to provide a joyous atmosphere for families, effectively strengthening the community bonds within our organizations.

Afternoon Session: Team Dynamics

The afternoon featured high-energy team-building exercises, including traditional favorites like Hari Vanga and Tug of War. These events were instrumental in promoting healthy competition, resilience, and enhanced team spirit among our employees.

Evening Gala: Cultural Excellence

The retreat culminated in a vibrant cultural evening. Employees and their children showcased a diverse range of talents, including musical performances and poetry recitations. The evening's prestige was further elevated by a performance from a renowned guest artist, providing an unforgettable experience for all attendees.

Concluding Ceremony

The event concluded with a formal prize distribution to recognize the winners of the day's competitions, followed by a highly anticipated raffle draw. We extend our sincere gratitude to every participant and organizer who contributed to making Picnic 2026 a resounding success.

INAUGURAL IMA ALUMNI REUNION 2026



The International Maritime Academy (IMA) campus in Pubail was transformed into a vibrant hub of nostalgia and professional camaraderie today as it hosted the "Alumni Get-Together 2026." Organized by the International Maritime Academy Alumni Association (IMAAA), and assisted by IMA management, the event brought together generations of seafarers currently serving in the global maritime industry.

The day began with a ceremonial registration, followed by a poignant minute of silence to honor the memory of the late CPO Noor Hossain, reflecting the academy's deep respect for its mentors. The inaugural session was graced by the Academy's Managing Director, the Commandant, the Deputy Commandant, and the Executive Committee of the IMAAA.

During the opening remarks, leadership praised the remarkable contributions of IMA alumni to the global maritime sector. Speakers emphasized that the professionalism and integrity of these officers continue to elevate the nation's reputation on the international stage.

In a heartfelt tribute to the pillars of the institution, honorary mementos were presented to the Managing Director and the Commandant for their tireless dedication to education and discipline. In return, alumni expressed profound gratitude to their instructors for the foundational training that has defined their careers. The session also looked toward the future, featuring insightful

discussions on the integration of modern maritime technology and the advancement of workplace safety standards. Strengthening the Bonds of Brotherhood

Following a formal luncheon, the afternoon was dedicated to networking and family engagement. The campus was filled with the spirit of mentorship as senior and junior cadets exchanged experiences, bridging the gap between generations. This "friendly interaction" served as a powerful reminder of the unity that defines the IMA family.

The atmosphere remained high-spirited throughout the afternoon with a variety of indoor and outdoor competitions, culminating in an exciting raffle draw. As evening fell, the campus was treated to a soulful cultural program featuring songs and recitations by the alumni themselves.

Concluding the evening before the gala dinner, the President of the IMAAA shared an inspiring message: "This reunion has not only brought us back to our roots but has fortified the unity and brotherhood that will drive our collective success in the years to come."

As the day concluded, the alumni departed with renewed motivation and cherished memories. This successful gathering reaffirmed that while their careers take them to the furthest reaches of the globe, the spirit of the International Maritime Academy remains their permanent anchor.

CORPORATE SOCIAL RESPONSIBILITY (CSR) MOU SIGNED BETWEEN IBN SINA TRUST AND HAQUE & SONS LIMITED



Ibn Sina Trust and Haque & Sons Limited have officially signed a Memorandum of Understanding (MOU) on January 19, 2026, marking the beginning of a strategic partnership aimed at enhancing healthcare services through mutual cooperation under the Corporate Social Responsibility (CSR) initiative of Haque & Sons Ltd.

The signing ceremony was attended by the Managing Director of Haque & Sons Ltd., the Senior Assistant General Manager & Head of Business Development-2 of Ibn Sina Trust, along with other senior officials from both organizations. Their presence reflected a shared commitment to improving access to quality healthcare and exploring collaborative initiatives for sustainable development and service excellence.

Under this agreement, the MOU will be applicable across all branches of Ibn Sina Hospital & Diagnostic Center throughout

Bangladesh. As part of the partnership, all seafarers of Haque & Sons Ltd. and their dependents, as well as all officials and staff of Haque & Sons Ltd., International Maritime Academy (IMA), Bangladesh Maritime Training Institute (BMTI), and Marine Travel Agency Ltd. (MTAL) along with their dependents, will be entitled to special healthcare discounts at any Ibn Sina Hospital & Diagnostic Center.

Eligible beneficiaries must present their respective Employee ID cards to avail the discount. Dependents will be required to show a photocopy of the respective employee's ID card at the time of service.

This agreement represents a significant step forward in strengthening institutional collaboration and fostering long-term professional relationships between Ibn Sina Trust and Haque & Sons Limited, reinforcing their joint commitment to social responsibility and improved healthcare access.

QUOTABLE QUOTES

"Success and Failure"



"Success is not final, failure is not fatal: it is the courage to continue that counts." — **Winston Churchill**



"I have not failed. I've just found 10,000 ways that won't work." — **Thomas A. Edison**



"Strive not to be a success, but rather to be of value." — **Albert Einstein**



"The only thing necessary for the triumph of evil is for good men to do nothing." — **Edmund Burke**



"Only those who dare to fail greatly can ever achieve greatly." — **Robert F. Kennedy**

MARITIME SAFETY TIP (P.P.E)

Maritime PPE is categorized by the specific protection it provides:

- **Cranial Protection:** Hard hats/helmets to mitigate impact from falling objects or overhead hazards.
- **Ocular Protection:** Safety glasses or goggles to prevent injury from debris, chemical splashes, and high-intensity light.
- **Auditory Protection:** Earplugs or earmuffs to prevent noise-induced hearing loss in high-decibel environments.
- **Manual Protection:** Specialized gloves to guard against abrasions, thermal extremes, and chemical burns.
- **Pedal Protection:** Steel-toe and slip-resistant footwear to prevent crush injuries and falls.
- **Flotation & Thermal Defense:** Life jackets and immersion suits critical for survival in man-overboard scenarios.
- **Respiratory Defense:** Equipment designed to prevent the inhalation of hazardous fumes, gases, and particulate matter.

To ensure maximum efficacy and regulatory compliance, the following protocols must be observed:

1. **Selection Criteria:** PPE must be task-specific and selected based on a formal risk assessment.
2. **Ergonomics:** Equipment must be properly fitted to ensure that safety does not compromise performance or mobility.
3. **Training & Competency:** Crew members must undergo recurring training regarding the correct application, maintenance, and operational limits of all gear.
4. **Inspection & Lifecycle Management:** Rigorous inspection schedules must be maintained; damaged or expired equipment must be decommissioned immediately.
5. **Regulatory Alignment:** All PPE must meet international standards (e.g., IMO SOLAS requirements) to ensure quality and reliability.

CHICKEN WITH CRUSHED HARISSA CHICKPEAS**Ingredients**

- 2 tbsp rapeseed oil
- 1 onion chopped
- 1 red pepper finely sliced
- 1 yellow pepper finely sliced
- 4 chicken breasts
- 1 tbsp za'atar
- 400g can chickpeas
- 1½ tbsp red harissa paste
- 150g baby spinach
- ½ small bunch of parsley finely chopped
- lemon wedges, to serve

**Method**

- **Step 1**
Heat 1 tbsp of oil in a frying pan over a medium heat and fry the onions and peppers for 7 mins until softened and golden.
- **Step 2**
Meanwhile, put the chicken between two sheets of baking parchment and lightly bash until about 2cm thick. Mix together the remaining oil and the za'atar, then rub over the chicken. Season to taste.
- **Step 3**
Heat the grill to high. Put the chicken on a baking tray lined with foil, and grill for 3-4 mins each side, or until golden and cooked through.
- **Step 4**
Heat the chickpeas in a pan with the harissa paste and 2 tbsp water until warmed through, then roughly mash with a potato masher. Wilt the spinach in a pan with 1 tbsp of water or in the microwave in a heatproof bowl. Stir the pepper and onion mixture, spinach and parsley through the chickpeas. Serve with the sliced chicken and the lemon wedges for squeezing over.

OUR READERS MATTER

We are very pleased to receive plenty of responses to our June, 2025 newsletter - all very positive. It has turned out to be a worthy attempt to reach out to our staff on board and in fact we are very heartened by the fact that some of our readers from the sea took the trouble to offer relevant comments and suggestions in order to make this newsletter more meaningful. Thank you very much indeed.

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The views or comments expressed in "Seafarer's Voice" may not necessary reflect the views of the management.

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